



Privacy Policy

Inspired Coaching Ltd is committed to protecting your privacy.

This privacy policy sets out the basis for processing any personal data we collect from you or that you provide to us. Please read the following carefully to understand our practices regarding your personal data. By using our websites (www.inspiredmums.co.uk or www.inspiredcoaching.co.uk) (our 'websites') you are accepting and consenting to the practices described in this policy.

Depending on the purpose for which you are providing your personal data, for the purpose of the Data Protection Act (the 'Act'), the data controller (entity for responsible for the data collected) will be Inspired Coaching Ltd. Within the context of this policy 'we' means Inspired Coaching Ltd.

Inspired Coaching Ltd, Registered in England: 8337193

Data we may collect from you

Inspired Coaching Ltd may collect and process the following data about you:

- Information acquired / provided through our websites. This includes information provided at the time of subscribing to our newsletter, requesting free or paid for resources, participating in discussion boards or other social media functions or requesting further services. We may also ask you for information when you enter a competition or promotion, when you respond to a survey and / or when you report a problem with the websites.
- If you contact us, we may keep a record of that correspondence. If you send us personal information that identifies you via email, we may keep your email and email addresses. We may also collect information that is available from your browser.
- Details of transactions you carry out through the Websites and of the fulfillment of your orders.
- Detail of your visits to the Websites including, but not limited to, traffic data, location data, weblogs and other communication data, and the resources you access.
- Details of your access to our online resources or other materials.
- Providing CV's or other information about your for specific purposes.



How we use your data

Your data will only be used for the purposes indicated when you submit the data or as detailed under this privacy policy.

We use personal information held about you in the following ways:

- to update and enhance our records
- to compile information relating to your use of our products and services and make recommendation about services and other areas that may interest you.
- To ensure the carry out our obligations arising from any contacts entered into between you and us to provide you with the information, products and services that you request from us
- We will contact you by electronic means only if you have consented to this. You can opt-in/out of such notifications by following the instructions on the relevant forms set out on our Websites (or elsewhere as applicable) or at any time after providing the information

Your Rights

You have the right to ask us not to process your personal data for marketing purposes. We will usually inform you if we wish to use your data for such purposes and request your consent. If you wish to change your mailing preferences or opt-out of marketing communications sent from us, you may notify us via info@inspiredmums.co.uk or via the Unsubscribe option on mailchimp newsletters.

Occasionally our marketing communications or websites may contain links to and from partner networks, advertisers and affiliates. If you follow a link to any of these websites, please note that these websites have their own privacy policies and then we do not accept any responsibility or liability for these policies. Please check these policies before you submit any personal data to these websites.

Access to Information

The Act gives you the right to access information held about you. Your right of access can be exercised in accordance with the Act. If you would like to request a copy of your personal data under the Act or have any other related queries, please email info@inspiredmums.co.uk.

Disclosure of your data

We will not pass your personal information to any third parties.



Accuracy

We will take reasonable steps to create an accurate record of any personal data you have submitted. However, we do not assume responsibility for confirming the on-going accuracy of your personal data. You can update your personal data by making amendments by emailing us at info@inspiredmums.co.uk. Please note that it may take up to 14 days for the changes to come into effect.

Cookies

The Site uses cookies to distinguish you from other users of the Site.

A cookie is a small file of letters and numbers that we store on your browser or the hard drive of your computer if you agree. Cookies contain information that is transferred to your computer's hard drive.

We use analytical/performance cookies. These allow us to recognise and count the number of visitors and to see how visitors move around the Site when they are using it. This helps us to improve the way the Site works by, for example, ensuring that users are finding what they are looking for easily.

Please note that third parties (including, for example, advertising networks and providers of external services like web traffic analysis services) may also use cookies, over which we have no control. These cookies are likely to be analytical/performance or targeting cookies.

You can block cookies by activating the setting on your browser that allows you to refuse the setting of all or some cookies. However, if you use your browser settings to block all cookies (including essential cookies), you may not be able to access all or parts of our site.

Changes to our privacy policy

Any changes we may make to our privacy policy in the future will be posted on this page. By continuing to use our Websites you will be deemed to have accepted such changes.

Contact

Any questions or requests regarding this privacy policy are welcomed and should be addressed to info@inspiredmums.co.uk.

*Inspired Mums / Inspired Coaching Ltd Privacy policy
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